



# Coho "Fish Tales"

## 1<sup>st</sup> PoCo Scouts Conquer Burke

Last Spring the 1st Port Coquitlam Scouts decided it was time to explore some mountain areas close to home. Past trips included Juan De Fuca, Stein Valley and their most recent trip to Elfin Lakes. So it was time to start exploring in our own back yard, *Burke Mountain*. The Troop knew very little about the mountain and decided to tackle a 4 day trek across Burke, starting at Quarry Road near Minikahda and completing their journey at Shaughnessy Road. Armed with the book "Burke and Widgeon" by author Lyle Litzinburger (a local ex-Scouter who spoke at an Area meeting last Fall) and GPS coordinates, the Troop planned a fun adventure that took place over the May long weekend.

Most of elevation gain is tackled over a 3 hour steep trek starting at Quarry Road ending at Monroe Lake, where base camp was set up. There are some flat spots for tents and small streams that the group filtered water from.

The plan was to hike to the peak of Burke the following day. Surprisingly there was still a lot of snow, knee deep in some places and the group decided that Dennett Lake would be as far as they would go that day.

The trail network was relatively well marked, relying on the GPS to ensure they were on the right track. Along the trail old sign markings of a cross country ski trail were found, a reminder of the past ski village that used to exist on top of Burke.

The Group spent their last day exploring the network of cabins at the old ski village, before descending the following morning for pickup at Shaughnessy Street.

Any Group wishing to explore Burke can also do so as a 2 night weekend trip. From our experience, a trip in September would be best starting at Quarry Road on a Friday, setting up camp at Monroe Lake. A day hike to the peak would follow on the Saturday, returning the same way back on the Sunday. A good planning guide with ideas on different routes to take can be found in the excellent book "*Burke and Widgeon*".

What do you call a baby potato?  
A small fry!



## Camp Cookeree

The 2014 Camp Cookeree is fast approaching on the weekend of Nov. 14<sup>th</sup>-16<sup>th</sup>

In order to facilitate planning, please register your Troop prior to **NOVEMBER 1<sup>st</sup>** if you are planning on attending.

Camp Cookeree focuses on a creative approach to cooking in a standing camp. In addition to Saturday night's dinner, there is the offsite day hike combined with the One-Burner Stove "Make Me a Nutritious Lunch" non-competitive cooking event.

Challenge yourselves and those around you. The entire weekend will be devoted to the fine art of camp cooking. The worst that can happen is that you burn your supper. The best is that you will have challenged yourselves and learned a new way of doing something that can quite often be dull and routine.

Scouters **may not** aid in the preparation of Saturday night's meal.

**For more information & to register, contact:**

**Brian Klassen**  
**Ph: #604-910-9756**

[brianklassen@telus.net](mailto:brianklassen@telus.net)

Your Group Commissioner also has the information.



**UP-COMING IMPORTANT STUFF:**

Here are some important events, activities & training courses that you should be aware of:

- **Badge Swap Meet:** Oct. 18th, 10am-3pm @ 2702 Norland Ave., Bby

- **Remembrance Day Presentation:** Tue. Nov. 4th @ Cedar Drive School, 3150 Cedar Drive, PoCo. 7pm Contact: Dave Marsh @ [themarshs@shaw.ca](mailto:themarshs@shaw.ca)

- **Maple Leaf Camp:** Nov. 7th-9th @ Camp Linley, Chilliwack, BC. Contact: Marion Morrison @ [marian1@telus.net](mailto:marian1@telus.net)

- **Camp Cookeree:** Nov. 14th-16th @ Othello Tunnels Campground, Hope BC. Contact: [brianklassen@telus.net](mailto:brianklassen@telus.net)

- **Beaver Bowling:** Feb. 1st, 2015, For Information Contact: Lynn Holden @ [kilmercolony@yahoo.ca](mailto:kilmercolony@yahoo.ca)

- **Wood Badge 1 Skills:** October 18th @ Camp McLean - Practical skills training to complete WB 1 e-learning course.

- **Group Commissioner & GYC Training:** Oct.17th-18th @ Camp McLean - Learn how to lead a Group

- **Cookwell:** Oct. 18th @ Camp McLean - Learn how to plan & cook for large camps.

- **Food Safe:** Oct. 19th @ Camp McLean - Learn the safe handling of food.

- **Wood Badge 1 Skills:** October 25th @ Camp McLean - Practical skills training to complete WB 1 e-learning course.

- **FOCUS / FAST / FLEX:** Nov. 28th-30th @ Camp Whonnock - Youth Training for Cubs, Scouts & Venturers

For info on these courses, contact Amanda @ [asulymka@shaw.ca](mailto:asulymka@shaw.ca)

Pacific Jamboree 2015

July 11-18, 2015  
Camp Barnard,  
Sooke, BC

[www.pj2015.ca](http://www.pj2015.ca)  
[www.scouts.ca](http://www.scouts.ca)

**PJ 2015**

**What are you doing the week of July 11-17, 2015?**

Come join in the Adventure, Fun & Fellowship at PJ2015

Registration is now open for Participants and Offer of Service (Staff).

For more information, go to the PJ website at: [www.pj2015.ca](http://www.pj2015.ca)

# JACK O LANTERNS

The Irish brought the tradition of carving pumpkins into Jack O'Lantern to America. But, the original Jack O'Lantern was not a pumpkin. Pumpkins did not exist in Ireland. Ancient Celtic cultures in Ireland carved turnips on All Hallow's Eve, and placed an ember in them, to ward off evil spirits.

## The Tale of Stingy Jack and the Jack O' Lantern

Jack O'Lantern legend goes back hundreds of years in Irish History. Many of the stories, center round Stingy Jack. Here's the most popular story:

Stingy Jack was a miserable, old drunk who took pleasure in playing tricks on just about everyone: family, friends, his mother and even the Devil himself. One day, he tricked the Devil into climbing up an apple tree. After the Devil climbed up the tree, Stingy Jack hurriedly placed crosses around the trunk of the tree. Unable to touch a cross, the Devil was stuck in the tree. Stingy Jack made the Devil promise him not to take his soul when he died. Once the devil promised not to take his soul, Stingy Jack removed the crosses, and the Devil climbed down out of the apple tree.

Many years later, Jack died, he went to the pearly gates of Heaven and was told by Saint Peter that he was mean and cruel, and had led a miserable, worthless life on earth. Stingy Jack was not allowed to enter heaven. He then went down to Hell and the Devil. The Devil kept his promise and would not allow him to enter Hell. Now Jack was scared . He had nowhere to go, but to wander about forever in the dark Netherworld between heaven and hell. He asked the Devil how he could leave, as there was no light. The Devil tossed him an ember from the flames of Hell, to help Stingy Jack light his way. Jack had a Turnip with him. It was one of his favourite foods, and he always carried one with him. Jack hollowed out the Turnip, and placed the ember the Devil had given him, inside the turnip. From that day onward, Stingy Jack roamed the earth without a resting place, lighting his way as he went with his "Jack O'Lantern".

On all Hallow's eve, the Irish hollowed out Turnips, rutabagas, gourds, potatoes and beets. They placed a light in them to ward off evil spirits and keep Stingy Jack away.

These were the original Jack O'Lanterns. In the 1800's a couple of waves of Irish immigrants came to America. The Irish immigrants quickly discovered that Pumpkins were bigger and easier to carve out. So they used pumpkins for Jack O'Lanterns.

From "The Pumpkin Nook"

***The Recipe Corner:***

In this Issue of Fish Tales, we have a recipe that is great for any camp. Cook it on an open fire or on the camp stove. Please e-mail me any recipe you would like to share with other Groups: [perry.greg1@gmail.com](mailto:perry.greg1@gmail.com)

**Peanut Butter Cup Grilled Sandwich (Just like Grilled Cheese)**

**Prep Time:** 5 Minutes  
**Cook Time:** 5 Minutes  
**Ready In:** 10 Minutes  
**Servings:** 2

**INGREDIENTS:**

2 teaspoons margarine  
 2 slices white bread  
 1 1/2 tablespoons peanut butter  
 2 tablespoons semisweet chocolate chips

**DIRECTIONS:**

1. Spread 1 teaspoon of margarine onto one side of each slice of bread. Put the margarine sides together. This is to keep from getting margarine on your hands when spreading peanut butter. Spread peanut butter over one slice of bread, and sprinkle chocolate chips onto the peanut butter. Remove the other slice of bread from the back of the peanut butter slice, and place margarine side out over the peanut butter and chocolate chips.
2. Place a skillet over medium heat. Fry sandwich until golden brown on each side, 2 to 3 minutes. Cool slightly before cutting in half.

[allrecipes.com](http://allrecipes.com)

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1. Why didn't the skeleton cross the road?  
*Because he didn't have the guts!*
  2. What do baby ghost play?  
*Peek-a-boo!*
  3. Why did the Witches team lose the baseball game?  
*Because their bats flew away!*
  4. What would you get if you crossed a teacher with a vampire?  
*Lots of blood tests.*
  5. Who did Frankenstein take to the prom?  
*His ghoul friend!*

**NOW THAT WAS  
SCARY FUNNY!**



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# The Spirit of Scouting...from England!

*Last August, a Scout from Essex England, Connor Thienel and his family, were visiting Canada and were staying in Coquitlam for a few weeks.*

*While he was here, he and his father were invited to join some members of the 1st Port Moody Scout Troop on a day hike up the Stawamus Chief. It was a fabulous day, clear and warm and everyone had a great hike. Connor was asked to write a report of the day and below is his report. Many thanks to Scouter Pat Cruichshank and the 1st Port Moody Troop for extending the Scouting Spirit!*

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## Hiking the Stawamus Chief!

Hi I'm Conor, I'm thirteen years old and I am a member of the 4th Thorpe Bay Scout Troop based in the UK, Essex.

I have been on holiday with my family in Vancouver for 4 weeks now and during these 4 weeks I was invited to join the Port Moody scout group on their hike up the Big Chief in Squamish.

The journey to the Big Chief started with a car journey with Pat and his son Simon to Squamish, that gave me and my dad an opportunity to get to know Pat and Simon a bit better and a chance to look at Canada's amazing views over the lakes and the forests.

When we got to the foot of the Big Chief after our stunning drive we met Phil, Henry, Zak, Luke, Andrew and Jackie who are the other members of the Port Moody Scout Group and friends of Pat and Simon.

Our hike started with a couple of steep sets of steps, next to the waterfall, that were very tiring. After climbing the steps we got to a flat wood chip path, that we were very glad to see. We walked until we noticed that there was no path left and it started to turn into one of the greatest rock climbing experiences me and my dad ever had. During the hike up the chief we also walked through a tree shaded path for a little while, which on a boiling day like it was the shading was such a big relief.

After we got to our destination at peak three after the tiring walk, we set up stoves and had our lunch. about halfway through our lunch Pat pointed out the other two peaks just in front of the stunning views, this was when I suggested that we should go to peak two as well! which the others didn't seem to enthusiastic about, there were lots of sighs but everyone agreed.

After our filling and refreshing lunch we started on our hike to peak two in which we had to climb backwards down a very steep cliff whilst holding a chain and climbing down a ladder as well! (which me and my dad were petrified at) it wasn't till we reach the bottom of the ladder that we noticed the big wooden branch sticking out of the ground like a spike and the big line up of people, that we then had to shuffle our way through whilst in a narrow gully to catch up with the others. It felt like we were in an adventure movie!

*Continued on Page 6*



## Hiking the Stawamus Chief (Continued from Page 5)

After our long and petrifying climb to the second peak, we had a long and painful walk down steep stone steps, which really hurt our knees after they had been battered enough. We really felt like we deserved what came next.....there was a nice cold,refreshing pure water rock pool fresh from the waterfall we had passed earlier.

After our dip in the pool we had a motivated walk down the last bit of the chief knowing that there was a short drive to a nearby McDonald's and a much needed snack.

After we finally reached the foot of the Big chief after we had our long and tiring hike, we took a short drive to the McDonalds which everyone was exited about. after our meal, and we said goodbye to all the others, we got in the car had a nice drive home admiring all the other mountains and feeling proud that we had just climbed one of them.

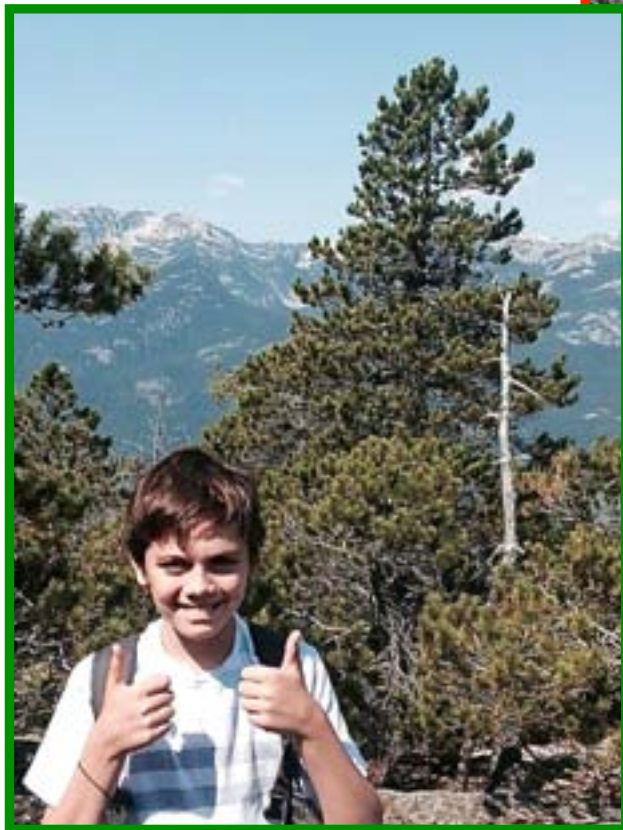
We said goodbye to Pat and Simon and thanked them for the great experience. I wanted to let everyone know how grateful me and my dad are for such a wonderful opportunity, and a brilliant experience, which has encourage me to seek other mountain experiences in the future, and hope that Port Moody scout group and 4th Thorpe Bay Scout Group can stay in touch and continue to share our international scouting experiences.

Facts about the big chief:

1. The big chief is the 2nd biggest granite monolith in the world.
2. The mountain is named after the village near it's foot, Stawamus.
3. The chief is part of the pacific range.
4. The Third peak is a 1.8 kilometre trail with an elevation of 630 meters
5. The second peak is a 1.7 kilometre trail with an elevation of 590 metres



**Photos from The Stawamus Chief.**



You can find more about The Chief at:

<http://www.env.gov.bc.ca/bcparks/explore/parkpgs/stawamus/>

# Coho Area Meeting

The October Coho Area Meeting is scheduled for THURSDAY, October 23th, 2014 at 7:30pm, at the Blue Mountain Park Scout Hall.  
(One week earlier than normal due to Halloween)

There will be a special presentation on

## Madagascar 2

A Scouts Canada humanitarian project to help build an addition to a school in Madagascar.

Last summer a Group of Scouts Canada members (Venturers & Rovers) travelled to a village in Madagascar to help finish building their school. Linda Rainbow from the Fraser Valley and Ian Russell from the Coho Area were part of this special project and they will give us a presentation of the amazing experience.

Venturers & Rovers are also invited to attend for the presentation.

